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Worldwide clustering of surgical indicators and predictors of risk of catastrophic expenditure for surgical care

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ABSTRACT

Introduction: Better access to surgical care is crucial to improve general health status of the population. Despite studies indicate cross country differences according to the general health indicators, there is a scarcity of knowledge about the differences between countries according to the surgical indicators. This study aims to classify countries according to the surgical care indicators and to identify predictors of risk of catastrophic health expenditure for surgical care.

Methods: Data came from WHO and WB statistics and totally 177 countries were selected for this study. Variable groups are determined as; total density of medical imaging technologies, workforce distribution in surgical care, number of surgical prodecures and risk of catastrophic expenditure for surgical care. K-means clustering algorithm was used to classify countries according to the surgical indicators. Optimal number of clusters determined by using within cluster sum of squares and scree plot. Silhouette index was used to examine clustering performance. Random Forest decision tree approach was used to determine predictors of the risk for catastrophic expenditure for surgical care.

Results: Study results shows that there are four country groups exists according to their surgical care indicators. High and low income countries are in different clusters. The third cluster which consists of low income countries has high Silhouette index value (0.75). Surgeon density and density of the medical imaging technologies are determinators of the risk for catastrophic expenditure for surgical care (AUC=0.82).

Conclusions: Study results pose that there is a need for more effective health plans to overcome the differences between countries in terms of surgical care indicators. Determining strategies about distribution of surgical workforce and medical imaging technologies considering accessibility and equality are recommended for health policy makers.

Keywords: Surgical Care, catastrophic expenditure, clustering, decision tree

INTRODUCTION

Surgery is a fundamental part of basic health care services (1). Access to surgery is an important component of good functioning of health system for all countries at different levels development (2). Increasing access to surgical services will play a central role to improve public health. However, most of the world's population does not access to surgical care and this represents a crisis for low and middle income countries (3).

In surgery, a significant portion of the total costs are associated with consumable supplies (4). Medical imaging technologies which are including computer tomography (CT), magnetic resonance (MR), Positron Emission Tomography (PET), Linear Accelerator (LINAC) and the robotic platform provides significant health and cost benefits to improve health for all (5, 6). Robotic surgery is one of the other surgical systems have been used rapidly in general surgery. It has been reported that high cost health care expenditures that are usually associated with open heart surgery, certain cancers, critically ill infants and major trauma resulting from automobile accident (7). Surgery access a tremendous volume worldwide. This increasing worldwide growth shows a great need for public-health efforts to improve the monitoring, safety, and availability of surgical services, especially in view of their high risk and expense (2). From the other point of view, lack of appropriate training and poor coordination of service delivery are major problems of surgery. A public-health strategy for surgical care is essential and understanding the relationships between surgery and public health is necessary to improve public health outcomes. Literature suggest that, high density of surgeons is associated with significant reductions in deaths (8). Unfortunately, population analysis points out a future critical shortage of general surgeons (9, 10). To fight against surgeon shortage, developed

countries encouraging surgeon volunteerism (10). In these circumstances, the lack of data on the recommended measures to evaluate national surgical services is a disturbing reality worldwide. As many as 70% of countries have no information on the number of surgeries performed, and virtually none of them attempts to assess the distribution of surgical resources or results. This deficit, however, is not limited to countries with poor and low total expenditure on health per capita. Some countries of medium total expenditure on health per capita, such as Peru, also lack this information (11).

On the other hand, the global volume of major surgery increased substantially in recent years and health system differences have a large impact on rates of surgery (12). Expenditures for access to better health care consists big part of catastrophic health expenditure. Because individuals face with catastrophic health expenditures to finance their surgical care. Shrima et al. (2015) (2) state that approximately 150 million individuals worldwide face catastrophic expenditure each year from medical costs alone, and the non-medical costs of accessing care increases that number. Xu et al. (2003) (13) state that the level of catastrophic health expenditure is high in low and middle income countries which are experiencing health transformation process. Moreover, the risk of catastrophic expenditure increased, more in the richer than in the poorer quintiles (2). Shrima et al. (2015) (2) postulated that a large proportion of worldwide financial catastrophe caused by medical care would be attributable to surgery and this burden would fall most heavily on the poor. These results highlight that policy makers need to be aware of the differences between countries according to the surgical indicators and to determine policies to protect households from devastating effects of catastrophic surgical expenditure.

Using data on geographic variations in care and expenditure may help policy makers to develop strategies for reducing surgical rates and the level of expenditures for surgical care. Furthermore, these strategies will ensure greater benefits in preventing adverse events while improving technical quality of surgical care (14). To date despite global health authorities emphasize cross country differences according to surgical care, there has been no published study on grouping of countries according to the surgical care indicators and predictors of catastrophic expenditure for surgical care. To fill this void in the literature, this study aims grouping of countries according to the surgical care indicators and to find out predictors of the risk of catastrophic expenditure for surgical care.

METHODS

Dataset

In this study data came from World Health Organization (WHO) (15, 16), World Bank (WB) (17). Totally 177 WHO countries were selected for this study. Table 1 presents detailed explanation about variable groups, data sources and explanations of study variables.

Analysis Method

In this study as the data came from several sources, they differed in their measurement units. Before performing cluster analysis, Z transformation was performed in order to bring the coefficients zero-one range (18). K-means clustering was performed to classify countries according to surgical care indicators. This is one of the most popular clustering algorithms that minimizes the clustering error (19). This algorithm aims to separate “n” observations into “k” clusters in which each observation belongs to the cluster within the nearest mean (20). K-means algorithm calculates its centers iteratively (21). In this study before performing cluster analysis, optimal number of clusters determined by using within cluster sums of squares and presented

on a scree plot. After that, Silhouette clustering performance index is used to determine the optimal number of clusters which works well with k-means clustering (22). High Silhouette value (near to 1) is considered well clustered, objects with a low value may be outliers. To determine predictors of catastrophic expenditure for surgical care decision tree approach was used. For this aim continuous catastrophic expenditure risk for surgical care (% of people at risk) dichotomized using median values as cut off points. Next, Random Forest algorithm was used for generating the decision tree. Random Forest developed offers an alternative approach for increasing predictive accuracy (23). It uses Classification and Regression Tree (CART) to generate trees (24). CART is a nonparametric model to choose the most important subset variables that determine the outcome. It uses binary recursive partitioning to split data instances into homogenous subsets using Gini index measure (25). Random Forest performs classification, but if the response is continuous the Random Forest performs regression (24).

RESULTS

Descriptive Statistics

Summary statistics are reported in Table 2. The median scores of surgical care indicators belongs to 177 members of WHO as follows; MRI density per million population [median 1.20; min. 0.04; max. 132.17], Computer Tomography (CT) density per million population [median 4.18; min.0.07; max.194.10], Linear Accelerator (LINAC) density per million population [median 0.34; min.0.01; max.26.43], telecobalt unit density per million population [median 0.12; min.0.02; max.10.12], radiotherapy density per million population [median 0.64; min.0.01; max.30.64], surgeon density per million population [median 6.70; min.0.08; max.138], anesthesiologist density per million population [median 2.80; min.0.01; max.65], obstetrician density per million population [median 6.01; min.0.04; max.140.67], number of surgical procedures per million population [median 4267; min.53; max.30537], catastrophic expenditure risk for surgical care (% of people at risk) [median 31.20; min.0.10; max.92.80].

Clustering of Countries According to the Surgical Care Indicators

Determining Optimal Number of Clusters

Optimal number of country clusters according to the surgical care indicators determined by using within cluster sum of squares and results presented on scree plot (Figure 1). In this figure the location of the elbow in the resulting plot suggests a suitable number of clusters for the k-means. For this study we might conclude that there are 4 clusters.

K-Means Cluster Analysis Results

K-means cluster analysis results visualized in Figure 2. Countries which are representing observations of this study presented by points in the figure. Different colors and ellipse is drawn around each cluster. Cluster plot indicates four groups, most of them are developed countries (United States, United Kingdom, Norway, Germany etc.) are in the first cluster which are represented with red color. Moreover, low (Ethiopia, Guatemala, Kenya, Madagascar etc.) and middle income (Brazil, Turkey, Hungary, Thailand etc.) countries which are represented in blue and purple colors are in the third and fourth clusters respectively. Silhouette value shows that cluster performances of third (0.75) and fourth (0.45) clusters which are representing low and middle income countries outperforms compared with other clusters.

Binary Coding of Catastrophic Expenditure for Surgical Care

One of the aims of this study is to find predictors of the risk of catastrophic expenditure for surgical care using decision tree approach. For this aim catastrophic expenditure risk for surgical care (% of people at risk) dichotomized using median values as cut off points, they recoded as 0 and 1. It is seen that after recoding, the number of observations for both of two binary variable groups are balanced (1: %49.7; 0: %50.3), which is essential to improve the performance of decision trees. Table 3 shows cut-off points and binary coding for the variable of catastrophic expenditure for surgical care.

Predictors of the Risk of Catastrophic Expenditure for Surgical Care

Graph 1 presents the results of the decision tree generated by using Random Forest to find predictors of catastrophic expenditure for surgical care. Number of trees determined as 200 and prediction performance examined by using Area Under the ROC curve (AUC) indicated good prediction performance (0.82). The decision tree graph shows that surgeon density and medical technology indicators are the most important predictor variables of the risk for catastrophic expenditure for surgical care. Moreover, the decision tree consists of five different groups. First group consists of countries surgeon density per million population ≤ 0.710 and LINAC density per million population > 0.075 . The second group composed of countries surgeon density per million population ≤ 0.710 and LINAC density per million population ≤ 0.075 . The third group consists of surgeon density per million population > 0.710 , LINAC density per million population > 0.090 and CT density per million population ≤ 2.160 . The fourth group consists of countries surgeon density per million population > 0.710 , LINAC density per million population > 0.090 and CT density per million population > 2.160 . Lastly, the last group consists of countries surgeon density per million population > 0.710 and LINAC density per million population ≤ 0.090 .

DISCUSSION

Global volume of surgery increased in recent years. However, the level of development is differed among rich and poor countries. High level of development increased the need for public attention to control costs and to improve the level of surgical services (2). Literature suggest that global medical imaging market grows substantially parallel with the improvement of surgical market (26). The results of this study show that high and low-middle income countries are in different clusters according to the indicators of surgical care. These results broadly in line

with the literature and suggest that surgical care has been neglected as an integral part of health system development worldwide and considerable differences still exists between countries. Differences between countries emphasize the need for encouraging North American and European aid programs which could play constructive role in helping less developed countries to improve the level of their health care services (27).

From the other perspective, the cost of medical care increasing globally and households face with catastrophic expenditure in health care. Catastrophic payments are common in middle income countries, most of them are in health transformation process (13). Medical imaging technologies are important part of medical technologies. These can improve patient care because the system can assist health care professionals to provide more personalized and effective medical care (28). Moreover, medical imaging technologies are essential parts of surgical care process. Medical imaging is an effective solution to solve ongoing problems in health care. The potential benefits of medical technologies for developing countries are numerous. However, developing countries face with several resource limitations and they are trying to develop modern health care services while using current medical technologies (27).

Health policy makers need to understand the reasons of the differences between countries according to the surgical care and try to understand whether any country characteristics make people more vulnerable to catastrophic payments. The results of this study highlight that the level of income is the distinguishing feature of the differences between countries according to the surgical care indicators. Furthermore, surgeon density, total density of medical imaging technologies which are LINAC and CT are other predictors of the risk of catastrophic expenditure for surgical care. It has been state that the shortage of qualified health personnel is one of the major treats of health systems worldwide. Studies about future predictions of number

of surgeons emphasize that surgeon shortage will continue in the next future (10). On the other hand, LINAC and CT are different kinds of medical imaging technologies which are popular in the diagnosis of surgical care and are found as predictors of the risk of catastrophic expenditure for surgical care in this study. LINAC and CT will continue to be important in the next future in the light of surgical innovation in health (29).

As a result of this study it is suggested that health policy makers need to focus on the reasons of the differences between countries according to the surgical care indicators. Improving global collaboration between countries according to the indicators of surgical care is a key factor of success (30, 31). Furthermore, current focus in health care shift from reducing costs to improve quality in health care. These initiatives lead to a reduction of hospital costs and surgical care. Ensuring access to medical technology, improving public funding and reimbursement systems are other alternative strategies to improve the quality of surgical care in all countries which have different levels of development (5). Overutilization of surgical services is one of the other problems of the health system in general. Resource allocation and social media campaigns will be helpful to create better and transparent global health systems (30). Lastly, despite current studies indicate the scarcity of number of surgeons, encouragement of surgeons during general surgery training are essential to improve the level surgical care worldwide.

CONCLUSION

To conclude, our study results broadly in line with the literature and emphasize that the level of income is a determinator of the difference between countries according to the surgical care indicators. What is more our study results call attention to the need for effective planning of human workforce in surgery and medical imaging technologies. We hope that the results of this

study will help policy makers in fostering an environment which allows to access current, qualified surgical care.

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CONFLICT OF INTEREST

The authors declare that they have no conflict of interest.

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Table 1. Study Variables

Variable Group	Resource	Variable
Medical Technology	WHO*	MRI density per million population
		CT density per million population
		LINAC density per million population
		Telecobalt unit density per million population
		Radiotherapy density per million population
Number of Surgeon	WHO**	Surgeon density per million population
		Anesthesiologist density per million population
		Obstetrician density per million population
Number of Surgical Procedures	WB***	Number of surgical procedures per million population
Catastrophic Health Expenditure for Surgical Care	WB***	Catastrophic expenditure risk for surgical care (% of people at risk)

* WHO Global Health Observatory Data Repository

<http://apps.who.int/gho/data/node.main.MEDICALDEVICES?lang=en> Accessed on:26.09.2016.

**WHO The Lancet Global Health (2015), Study results to build global surgical specialist workforce database by country. Holmer H. Lantz A. Kunjumen T. (2015) “Global distribution of surgeons, anesthesiologists, and obstetricians” The Lancet Global, 3:9-11.

***WB The World Bank World Development Indicators, <http://data.worldbank.org/indicator>, Accessed on:20.09.2016.

Table 2. Descriptive Statistics

Variables	N	Median	Min.	Max.
MRI density per million population	177	1.20	0.04	132.17
CT density per million population	177	4.18	0.07	194.10
LINAC density per million population	177	0.34	0.01	26.43
Telecobalt unit density per million population	177	0.12	0.02	10.12
Radiotherapy density per million population	177	0.64	0.01	30.64
Surgeon Density per million population	177	6.70	0.08	138
Anesthesiologist Density per million population	177	2.80	0.01	65
Obstetrician Density	177	6.01	0.04	140.67
Number of surgical procedures per million population	177	4267	53	30537
Catastrophic expenditure risk for surgical care (% of people at risk)	177	31.20	0.10	92.80

Abbreviations: **MRI:** Magnetic Resonance Imaging, **CT:** Computed Tomography, **LINAC:** Linear Accelerator

Table 3. Cut-off Points and Binary Coding for Catastrophic Expenditure for Surgical Care

Variable	N	Median	Cut-off Points	n	%	Recoded As
Catastrophic Expenditure for Surgical Care (Cata Surg Care)	177	31.20	Cata Surg Care \geq 31.20	88	49.7	1
			Cata Surg Care $<$ 31.20	89	50.3	0

FIGURES

Figure 1. Optimal Number of Clusters

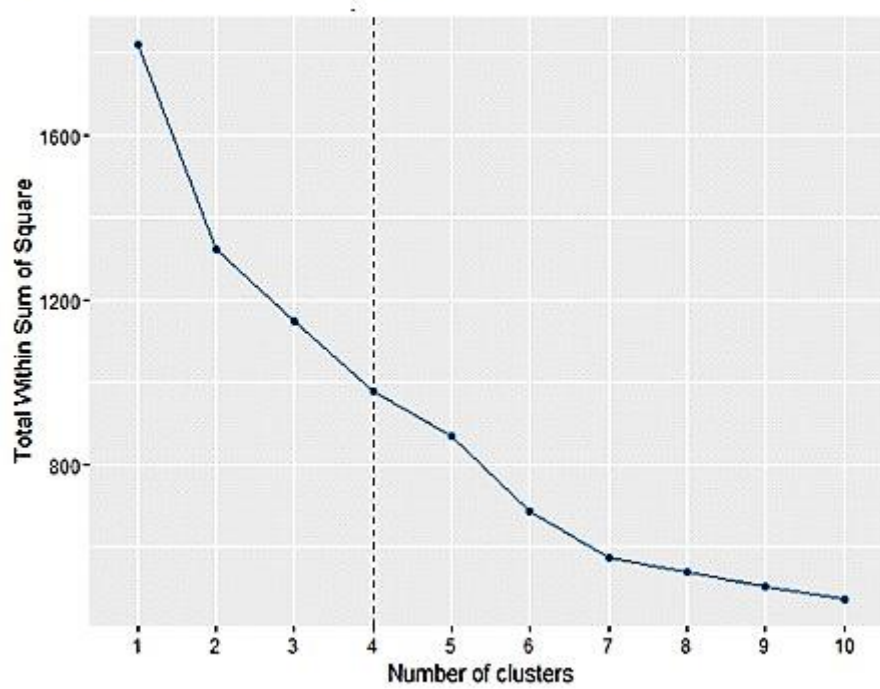
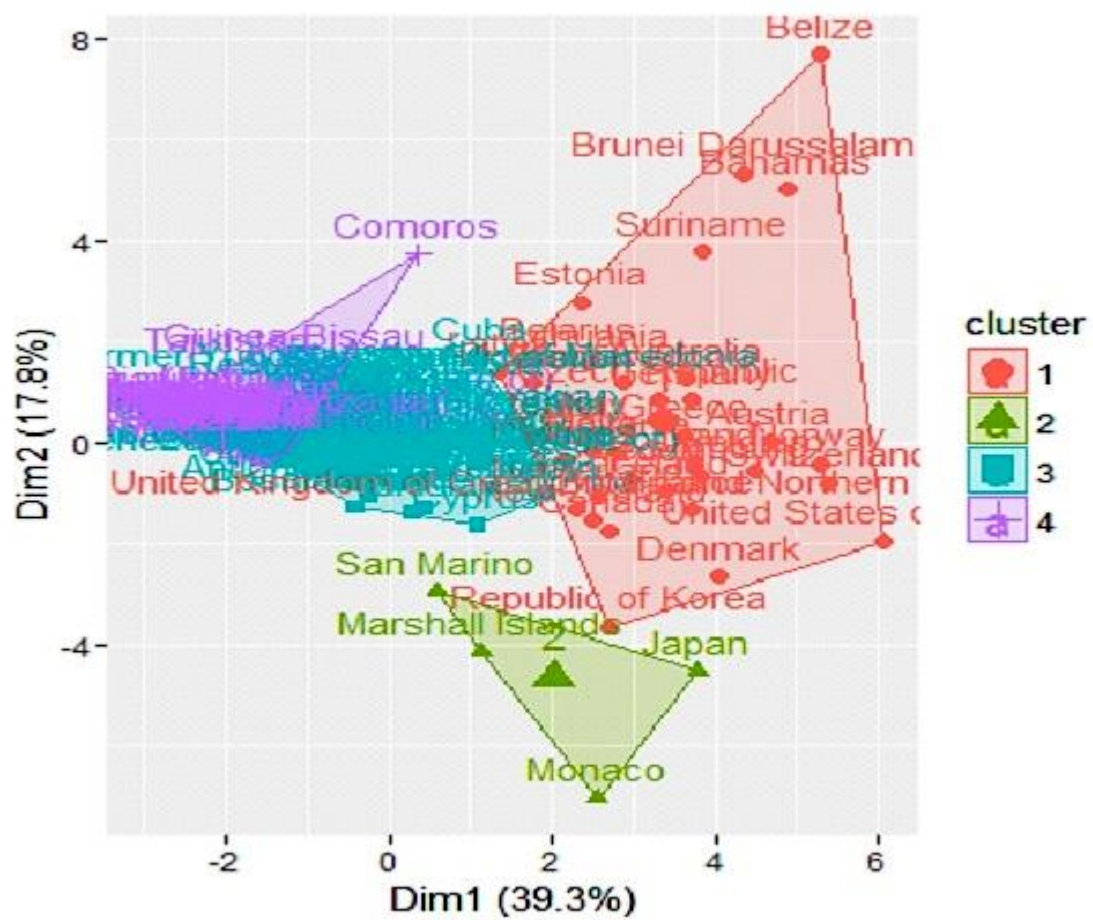


Figure 2. Cluster Plot



Graph 1. Predictors of the Risk of Catastrophic Expenditure for Surgical Care

